



Wasatch Warriors

Wasatch Crest invites all graduates to join the alumni community, aimed at empowering their recovery beyond treatment.



Family Support

Through our family support program, we provide an array of therapeutic and educational resources to families, so they can confidently navigate their loved one's recovery.

In-Network Partnerships

We're partnered with many major insurance providers including:



Create a new story

Call us at (800) 385-3507 to begin your recovery journey.



Retreat to Wasatch Crest

Substance Use Treatment in Park City & Heber, Utah

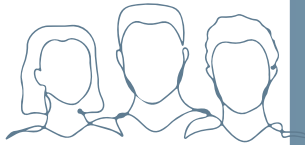
At Wasatch Crest, we deeply understand substance use and recovery. Our gender-specific and co-ed care aims to extend compassionate guidance and foster enduring transformations. Set against alpine scenery, our centers provide a serene backdrop for healing.

Measures of Success

Over 90% of clients who have participated in our program express a high level of satisfaction with the care they have received. Since implementing gender-specific care, our residential treatment completion rates have risen to 87% for men and 94% for women. These rates significantly surpass industry averages.

“My experience at Wasatch Crest has been eye-opening and incredibly positive. I am grateful for such a life-changing experience.”

“I am so thankful I came here for treatment. I will remember the tools I've acquired and the sober sisters I've met.”



Partial Hospitalization, Intensive Outpatient, and Transitional Living Programs

Our outpatient treatment programs involve clinical care and flexibility for daily routines. Transitional living programs complement these by assisting clients in obtaining employment, securing housing, and overcoming barriers to pursuing a fulfilling life.

Modalities that are central to our program include:

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Experiential Therapy
- Motivational Interviewing (MI)
- Medication-Assisted Treatment (MAT)



Gender-Specific Care

Wasatch Crest addresses the needs of men and women struggling with substance use. Our individualized approach offers a secure environment for clients to engage in deep self-exploration, embrace vulnerability, participate in clinical processes, and forge meaningful connections with others.

Wasatch Men's Residential Treatment

Situated on approximately seven acres, the Wasatch residential treatment center was originally built as a bed and breakfast for the 2002 Winter Olympics. The Wasatch program guides men toward lasting sobriety through targeted gender-specific care. Rooted in evidence-based modalities, the Wasatch clinical curriculum centers on passion, transformation, self-discovery, and vulnerability.



Jupiter Women's Residential Treatment

Named after the prominent Park City peak, the Jupiter residential treatment center offers an empathetic atmosphere for women to receive care curated to their needs. By integrating proven clinical interventions, the Jupiter program is designed to assist women in navigating the complexities of trauma, grief, and loss. Additionally, the program emphasizes the cultivation of self-compassion and healthy relationships, ultimately creating the foundation for a life of joy and meaning.